



**DIGESTIVE HEALTH
CENTER**
650.856.3151

CHRISTINE ROSCHE, MPH, CNS, CBT
650-856-3151
www.digestivehealth.center

Office Policy 12/1/2022

Welcome to the Digestive Health Center

I appreciate the opportunity to serve you and welcome you to my nutritional and health counseling practice.

I am a Masters Degree, Board Certified Clinical Nutritionist in the field of Functional Nutrition. I am a patient advocate and health consultant. I provide nutritional counseling services, functional digestive testing, food allergy testing, as well as saliva and blood testing in collaboration with functional medicine professionals. I provide biofeedback therapy and HeartMath™ Training Programs. I work with clients of all ages and health conditions. My aim is to serve you well and the office location, facilities and staff are chosen to offer you quality services in beautiful surroundings.

Office Hours

Office Hours are Monday through Friday 9 am to 5 pm.

Please arrive on time for your appointment. If you are unable to keep your appointment please give us 48 hours notice.

Financial Policies

Payment of Consultations and Supplements are due at the time of the visit unless other arrangements are made.

Test Kit Orders combined with prepaid consultation appointments are non refundable

You may return the Light Living Workbook and unopened nutritional products within 7 days of purchase. There is a 35% restocking fee for returned supplements within 7 days of purchase.

I work in a collaborative healing relationship with you.

Our office does not guarantee specific outcomes and we do not give refunds for services and sessions provided.

E-mail Support

Daily email support is available for clients who meet with Christine on a weekly basis in a program over a period of several months and is included as part of the program. For clients with shorter and intermittent appointments who require frequent email responses, if longer than 5 minutes, we bill at the regular consultation rate in increments of 15 minutes.

Cancellation Policy

If an appointment is cancelled by calling our office at 650-856-3151 within 48 hours there is no charge. For shorter cancellation times (except in cases of medical emergencies) you will be charged a missed appointment fee of \$100. Same day cancellations are charged the full appointment fee.

Closure Session Agreement

Before terminating your work with the Digestive Health Center, we request that you schedule a closure appointment.

Insurance Policy

Insurance pays for medical nutrition therapy if you have a medical diagnosis given by your doctor.

We do not accept payment from an insurance company. Insurance is an agreement between you and the company. Please call your insurance carrier and ask if they reimburse for nutritional counseling services or biofeedback therapy.

We will provide you with a Statement of Professional Services that you can submit to your company with your doctor's prescription for my services

Fragrances

Due to the chemical sensitivity of some clients, we ask that you refrain from wearing perfumes, lotions with fragrance to your appointment.

I have read the policies of the Digestive Health Center and agree to the terms stated above

_____ First and Last Name Signature and Date _____